

Yeast Symptoms

- White patches in the mouth or coating on the tongue
- Breath that smells like bread or alcohol
- Irritability /defiance, meltdowns, tantrums, anger outbursts
- Only eating or craving starches- intense craving for sweets
- Gas and bloating after meals, or being gassy
- Dark under eye circles
- Tiny red dot rash under arms /groin, sometimes itchy
- Red ring around anus, sometimes itchy
- Constipation
- Itchy inner ears- some ear infections can be yeast
- Sinus congestion, phlegm, fluid in the ears, thick saliva in the morning
- Frequent stomach pains or digestive problems
- Skin problems like acne, psoriasis, and eczema
- Brain fog -feeling fuzzy headed
- Hyperactivity - bouncing off the walls
- Increased obsessive/compulsive behaviors
- Headaches
- Floating/bloated stools, foul smelling stools, gas
- Acting drunk, silly or giddy at inappropriate times
- Increased self stimulation -itchy genitals or anus